

# Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

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## Practicum Information Form

<b>I. AGENCY INFORMATION</b>	<b>Y Team (YMCA of the East Bay)</b>
Date Completed:	11/5/05
Address:	4175 Lakeside Drive # 110
City, State, Zip:	Richmond, CA 94806
Phone:	510-262-6551
Fax :	510-222-7085
Agency Website address:	<a href="http://www.ymcaeastbay.org">www.ymcaeastbay.org</a>
List multiple agency programs/sites:	
Director of Training:	<b>Dick Coleman</b>
Director Degree and CA License #:	MS/MFT 19962
Director Phone:	510-262-6551
Director email:	<a href="mailto:dcoleman@ymcaeastbay.org">dcoleman@ymcaeastbay.org</a>
Other contact person information:	Molly Sullivan, Ph.D. Clinical Supervisor

<b>II. PRACTICUM TRAINING PROGRAM BASICS</b>	
<b>A. <u>Year Level Openings</u></b>	<b>Estimated</b>
2 <sup>nd</sup> Year (Grad School) Practicum Openings	4-8
3 <sup>rd</sup> Year (Grad School) Practicum Openings	4-8
<b>-Total Practicum Openings</b>	<b>16</b>
<b>-Total Pre-Doc Internship Level Openings</b>	NA
<b>B. <u>Students at Agency</u></b>	
Number of Practicum Applicants last year	~50
Number of Current Argosy Practicum Students	0
Number of All Current Practicum Students	11
Number of Current Argosy Pre-Doc Interns	
Number of All Current Pre-Doc Intern Students	
<b>C. <u>Practicum Dates and Times</u></b>	
Beginning Date	Late August
Ending Date	June 30
Number of weeks for practicum	40
Hours per week for practicum	16-20
<b>Required days and times</b> at agency	Thurs 9-11am
<b>D. <u>Stipend</u>:</b> Is there Stipend? If yes, amount per year?	\$1000

**\*Note:** 2<sup>nd</sup> year practicum is 16 hours and 3<sup>rd</sup> year is 16 up to 20 hours per week. Minimum of 38 weeks required with maximum of 52 weeks.

**III. AGENCY DESCRIPTION: Please describe below.**

The Y Team is a program of the YMCA of the East Bay that has been providing mental health services to young people in West Contra Costa County since 1984, through a joint effort of the YMCA, Contra Costa County Children’s Mental Health and the WCCUSD. The Y Team provides individual, family, and group therapy to middle and high school students and their families. Most services are provided on-site at school campuses in West Contra Costa County. Services are also provided at the Y Team office near Hilltop Mall. The Y Team also provides counseling and case management service to pregnant and parenting teens, as well as case management services for families at risk or entering the child welfare system.

**A. Population:** Indicate estimated % of clients in each category.

<b>%</b>	<b><u>Gender</u></b>	<b>%</b>	<b><u>Life Cycle</u></b>
50	Male		Infants (0-4)
50	Female		Children (ages 5-12)
	Transgender:	100	Adolescents (ages 13-17)
100%	<i>Total</i>		Adults (18-64)
			Seniors (ages 65+)
	<b><u>Ethnic/Cultural Identity</u></b>	100%	<i>Total</i>
45	African American		
5	Asian American		<b><u>Other Identified Groups</u></b>
15	Euro-American		Gay/Lesbian:
30	Hispanic/Latin American		Disabled Population:
<5	Native American		International:
<5	<i>Other:</i>		<i>Other:</i>
100%	<i>Total</i>		(Note, above will not total 100%)
	<b><u>Populations Treated</u></b>		
90	Individual		<b><u>Functioning Level of Clients</u></b>
	Couples	10	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
5	Families	80	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
5	Groups	10	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>

► **Others notes about populations:**

**B. Specialty Areas:** Mark an X next to all specialties that apply at agency.

	Behavioral Medicine		Hospital		Psychology of Women
	Health Psychology	x	Community Mental Health Clinic		Disabilities
	Psychopharmacology		Forensics		Gay/Lesbian
	Pediatrics		Management/Administration	x	Multicultural Therapy
	Infant/Parent		Program Evaluation		Spirituality/Psychology Integration
x	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology	x	Psychological Assessment	x	Domestic Violence
x	School Based		Neuropsychological Assessment	x	PTSD/Trauma
	College Based		Psychology of Men		Serious Mental Illness
	Bilingual in treatment	x	Others (specify): Adolescents		

<b>IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS</b>			
<b>A. Treatment Modalities performed by student: (Mark X in all that apply.)</b>			
x	Individual Therapy	x	Crisis Intervention
	Couples Therapy	x	Brief Therapy
x	Family Therapy	x	Long Term Therapy
x	Group Therapy	x	Psychological Assessment
	Community Intervention		Neuropsychological Assessment
	Consultation/Liaison		Case Management
x	Others (specify): Charting progress		
<p>► <b>Describe practicum trainee duties and responsibilities:</b> Trainees are assigned to either a middle school or high school site where they are expected to build a caseload of 6-10 individual clients from referrals made by school personnel. There is some opportunity to see families and do groups. With training and supervision trainees complete an initial assessment, determine medical necessity, make a diagnosis and develop a treatment plan for every client.</p>			

<b>V. ASSESSMENT and PSYCHOLOGICAL TESTING</b>	
<b>A. Assessment Overview</b>	
Will trainee have opportunity for assessment/testing experiences?	Yes, limited
Is there additional supervision/training for assessment/testing?	No
Percentage of practicum time allotted for providing assessment services:	Case by case
Estimate of average # of Test Batteries completed per year:	varies

<b>B. Assessment Modalities performed by student: (Mark X next to all that apply.)</b>			
	Projective		Intelligence
	Personality		Neuropsychological
	Academic		Vocational
	Other:		
<p>► <b>Describe the Assessment Program:</b> If trainee is able to have supervision from their graduate school, then it would be possible for the Y Team to identify a client or clients who could be referred for testing. The clinical supervisor at the Y Team doesn't do testing/assessment.</p>			

**VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Please describe below.**

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**B. Supervisor Licenses:** Please note the number of supervisors with the following licenses.

1	*Licensed Psychologists (PsyD/PhD/EdD)	1	MFT
	*Psychiatrists	1	LCSW
	Other:		

*\*Note:* Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

<b>C. Supervision and Training</b>	<b>Hours per week</b>
Individual Supervision	1
Group Case Consultation	2
Didactic Training	2
Other:	
<b>Total hours Training/Supervision</b>	<b>5</b>

**D. Methods of Supervision:** (Mark X next to all that apply.)

	x	Live Observation		Process Notes
		Two Way Mirror		Case Reviews and Discussion
	x	Videotapes Review		Audiotape Review
	Other:			

**E. Theoretical Orientations of the Supervising Staff** (check all that apply)

	Biopsychosocial		Jungian
X	Cognitive Behavioral		Narrative
X	Family Systems		Psychosocial Rehabilitation
	Feminist	x	Psychodynamic/analytic
X	Humanistic/Existential		Transpersonal
X	Integrative		Recovery Based Model
	Others (specify):		

► *Comments on theoretical orientation:*

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**F. Training Emphasis Areas:** Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.

X	Community/Multicultural		Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
X	Family/Child		Gender
x	Psychodynamic		Not Applicable
	Others (specify):		
▶ Please add specific information regarding all Emphasis Area(s) you checked:			

**VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS**

Application Deadline:	
Selection Date Estimate:	
Standard required materials	<b>Vita, Letter of Intent, 3 Letters of Recommendation</b>
Agency specific materials:	
Preferred Experience:	Previous clinical experience is welcomed. Experience with children/teens in non-clinical setting. Must like adolescents.
Preferred Coursework:	
Interview Process: (keep those that apply, erase rest)	Individual Interview
Other application/interview information:	Clinical skills class, theory, adolescent development

**VIII. Verifying Information:** I verify that the above information is current and accurate.

Date:	11/5/05
Directors Name:	Dick Coleman
*Directors Signature:	DC

\*If emailing, you may add signature through copy and paste or just put in your initials.