

Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

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Practicum Information Form (rev 8.12.2005)

I. AGENCY INFORMATION	Stepping Stones Counseling Center A Program of Community Violence Solutions
Date Completed:	8/22/05
Address:	2101 Van Ness Street
City, State, Zip:	San Pablo CA 94806
Phone:	(510) 237-0113
Fax :	(510) 237-0177
Agency Website address:	www.Cvsolutions.org/
List multiple agency programs/sites:	3 additional sites located in San Rafael, Martinez and Antioch
Director of Training:	Kelly Couacaud, Ph.D.
Director Degree and CA License #:	PSY17248
Director Phone:	(510) 307-4156
Director email:	kcouacaud@cvsolutions.org
Other contact people information:	Carole Marks, Ph.D., Clinical Director (510) 307-4126

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Year Level Openings</u>	Estimated
2 nd Year (Grad School) Practicum Openings	0
3 rd Year (Grad School) Practicum Openings	
-Total Practicum Openings	~ 4
-Total Pre-Doc Internship Level Openings	~ 4
B. <u>Students at Agency</u>	
Number of Practicum Applicants last year	30
Number of Current Argosy Practicum Students	1
Number of All Current Practicum Students	5
Number of Current Argosy Pre-Doc Interns	1
Number of All Current Pre-Doc Intern Students	2
C. <u>Practicum Dates and Times</u>	
Beginning Date	Early September
Ending Date	End of August
Number of weeks for practicum	52
Hours per week for practicum	16-20
Required days and times at agency	M, Th: 9-3
D. <u>Stipend</u>: Is there Stipend? If yes, amount per year?	<i>Pre & Post-doc only: \$150/mo first year \$200/mo 2nd</i>

*Note: 2nd year practicum is 16 hours and 3rd year is 16 up to 20 hours per week. Minimum of 38 weeks required with maximum of 52 weeks.

III. AGENCY DESCRIPTION: Please describe below.

Stepping Stones Counseling Center is the outpatient mental health clinic of Community Violence Solutions, a nonprofit agency providing a comprehensive range of services to people who have experienced sexual trauma and to the community at large, since 1974. Stepping Stones provides specialized psychological treatment for recent and past victims of sexual abuse and assault, their families and significant others. Services include long-term individual, group and family psychotherapy for children, adolescents and adults, psychological assessment services, and school-based interventions. Serving Marin and Contra Costa County, the main clinic is located in San Pablo with additional clinic sites in San Rafael, Martinez and Antioch.

A. Population: Indicate estimated % of clients in each category.

%	<u>Gender</u>	%	<u>Life Cycle</u>
20	Male	0	Infants
80	Female	50	Children (ages 0-12)
<1	Transgender:	25	Adolescents (ages 13-17)
100%	<i>Total</i>	25	Adults (18-64)
		<5	Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
25	African American		<u>Other Identified Groups</u>
5	Asian American	5	Gay/Lesbian:
45	Euro-American	5	Disabled Population:
20	Hispanic/Latin American		International:
1	Native American		Other:
	<i>Other:</i>		(Note, above will not total 100%)
100%	<i>Total</i>		
	<u>Populations Treated</u>		<u>Functioning Level of Clients</u>
75	Individual	60	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
<1	Couples	40	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
15	Families		Mild Dysfunction (i.e., adjustment dx, transitions, growth)
10	Groups	100%	<i>Total</i>
100%	<i>Total</i>		

► **Others notes about populations:**

B. Specialty Areas: Mark an X next to all specialties that apply at agency.

	Behavioral Medicine		Hospital	X	Psychology of Women
	Health Psychology	X	Community Mental Health Clinic		Disabilities
	Psychopharmacology	(x)	Forensics		Gay/Lesbian
	Pediatrics		Management/Administration		Multicultural Therapy
	Infant/Parent		Program Evaluation		Spirituality/Psychology Integration
	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology		Psychological Assessment	(x)	Domestic Violence
	School Based		Neuropsychological Assessment	X	PTSD/Trauma
	College Based		Psychology of Men		Serious Mental Illness
	Bilingual in treatment		Others (specify):		

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS			
A. Treatment Modalities performed by student: (Mark X in all that apply.)			
X	Individual Therapy	(x)	Crisis Intervention
(x)	Couples Therapy		Brief Therapy
X	Family Therapy	X	Long Term Therapy
X	Group Therapy	maybe	Psychological Assessment
	Community Intervention		Neuropsychological Assessment
X	Consultation/Liaison		Case Management
	Others (specify):		
<p>► Describe practicum trainee duties and responsibilities: Practicum students provide individual, family, and/or group psychotherapy with children, adolescents and adults; intake assessment; record keeping; psychological testing may be available depending on demand (cases go to pre-doc interns first). Opportunities are also available for program development, program evaluation, research, and rape crisis training.</p>			

V. ASSESSMENT and PSYCHOLOGICAL TESTING	
A. Assessment Overview	
Will trainee have opportunity for assessment/testing experiences?	Possible; testing cases are assigned first to predoc interns
Is there additional supervision/training for assessment/testing?	Yes
Percentage of practicum time allotted for providing assessment services:	
Estimate of average # of Test Batteries completed per year:	1-2

B. Assessment Modalities performed by student: (Mark X next to all that apply.)			
X	Projective	X	Intelligence
X	Personality		Neuropsychological
	Academic		Vocational
X	Other: Trauma Specialized Measures (e.g., SCID-D, Trauma Symptom Inventory, Dissociative Experiences Scale)		
<p>► Describe the Assessment Program: Psychological testing is provided to clients primarily by predoctoral interns, secondarily by practicum students. Additional intensive individual supervision is provided per testing case.</p>			

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Please describe below.

Stepping Stones Counseling Center offers a rigorous pre- and postdoctoral clinical internship and *advanced* practicum training program. The training program is designed to promote clinical excellence and specialized knowledge in the assessment and treatment of traumatized individuals. Object-relations and attachment theories are emphasized. Training is held in the San Pablo clinic site and includes intensive orientation regarding sexual abuse, trauma, and treatment issues. A weekly didactic seminar focuses on topics relevant to working with this population and incorporates relevant readings. Interns can expect to advance from this training experience with a solid foundation in conceptualization and treatment of one of the most challenging clinical populations.

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

2	*Licensed Psychologists (PsyD/PhD/EdD)	1	MFT
	*Psychiatrists		LCSW
	Other:		

**Note:* Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

C. Supervision and Training	Hours per week
Individual Supervision	1.0
Group Case Consultation	2.0
Didactic Training	1.5
Other: Testing Supervision	Individual - per case
Total hours Training/Supervision	4.5+

D. Methods of Supervision: (Mark X next to all that apply.)

	Live Observation		Process Notes
X	Two Way Mirror	X	Case Reviews and Discussion
(x)	Videotapes Review	X	Audiotape Review
	Other: Review of progress notes and other documentation		

E. Theoretical Orientations of the Supervising Staff (check all that apply)

	Biopsychosocial		Jungian
X	Cognitive Behavioral		Narrative
X	Family Systems		Psychosocial Rehabilitation
	Feminist	X	Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
X	Integrative		Recovery Based Model
X	Others (specify): Object Relations		

► *Comments on theoretical orientation:*

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.

	Community/Multicultural	X	Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
X	Family/Child		Gender
X	Psychodynamic		Not Applicable
X	Others (specify): Trauma		
► Please add specific information regarding all Emphasis Area(s) you checked:			

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	March 6, 2006 (but earlier is MUCH better)
Selection Date Estimate:	Open until filled
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	Graduate transcripts
Preferred Experience:	2 years practicum or equivalent
Preferred Coursework:	Law & ethics; Object-relations; trauma
Interview Process: (keep those that apply, erase rest)	Individual Interview
Other application/interview information:	

VIII. Verifying Information: I verify that the above information is current and accurate.

Date:	8/22/05
Directors Name:	Kelly Couacaud, Ph.D.
*Directors Signature:	KC

*If emailing, you may add signature through copy and paste or just put in your initials.