

# Argosy University: San Francisco Bay

## American School of Professional Psychology

### Clinical Training Office

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## Practicum Information Form (rev 8.4.2005)

<b>I. AGENCY INFORMATION</b>	<b>Pathways Counseling Center, Girls Inc. of Alameda County</b>
Date Completed:	10/1/05
Address:	13666 East 14 <sup>th</sup> St.
City, State, Zip:	San Leandro, CA 94578
Phone:	(510) 357-5515
Fax #:	(510) 357-5112
Agency Website address:	<a href="http://www.girlsinc-alameda.org">www.girlsinc-alameda.org</a>
List multiple agency programs/contacts:	
Director of Training:	John Henry and Vicci Tibbetts
Director Degree and CA License #:	MEd. MFC31276; MS. MFT34498
Director Phone:	510-357-5515 ext.23
Director email:	<a href="mailto:jhenry@girlsinc-alameda.org">jhenry@girlsinc-alameda.org</a>
Other contact people information:	Send application to John Henry

<b>II. PRACTICUM TRAINING PROGRAM BASICS</b>	
<b><u>A. Year Level Openings</u></b>	<b><i>Estimated</i></b>
2 <sup>nd</sup> Year (Grad School) Practicum Openings	5-7
3 <sup>rd</sup> Year (Grad School) Practicum Openings	2-3
<b>-Total Practicum Openings</b>	7-8
<b>-Internship Level Openings</b>	2-3
<b><u>B. Students at Agency</u></b>	
Number of Current Argosy Practicum Students	3
Total Number of Current Practicum Students	8
Number of Practicum Applicants last year	34
Number of Current Argosy Interns at Site	0
<b><u>C. Practicum Dates and Times</u></b>	
Beginning Date	9-7-05
Ending Date	6-9-06
Number of weeks for practicum	38
Hours per week for practicum	16
<b>Required days and times</b> at agency	Weds. 2-4 and Fri. 12-2
<b><u>D. Stipend:</u></b> Is there Stipend? If yes, amount per year?	No

**\*Note:** 2<sup>nd</sup> year practicum is 16 hours and 3<sup>rd</sup> year is 16 up to 20 hours per week. Minimum of 38 weeks required with maximum of 52 weeks.

**III. AGENCY DESCRIPTION: Please describe below.**

Pathways Counseling Center is an outpatient mental health clinic. The clinic services families, children and adults. School based psychotherapy services are provided in local middle schools and high school settings. Consultation services are provided to some school based health centers and after school programs.

**A. Population:** Indicate estimated % of clients in each category.

<u>%</u>	<u>Gender</u>	<u>%</u>	<u>Life Cycle</u>
32	Male	1	Infants (1-4)
68	Female	22	Children (ages 5-12)
0	Transgender	24	Adolescents (ages 13-17)
100%	Total	51	Adults (18-64)
		2	Senior (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	
15	African American		<u>Other Identified Groups</u>
4	Asian American	8	Gay/Lesbian
62	Euro-American	2.7	Disabled Population
14	Hispanic/Latin American	2	International
.5	Native American		Other:
12.7	Other(Gay,Lesbian, physically handicapped, international subsets)		(Note, above will not total 100%)
100%	Total		
	<u>Populations Treated</u>		<u>Functioning Level of Clients</u>
84	Individual	30	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
4	Couples	50	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
9	Families	20	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
1	Groups	100	Total
100%	Total		

Others notes about populations:

**B. Specialty Areas:** Mark an X next to all specialties that apply at agency.

	Behavioral Medicine		Hospital	X	Psychology of Women
	Health Psychology	X	Community Mental Health Clinic	X	Disabilities
	Psychopharmacology		Forensics	X	Gay/Lesbian
	Pediatrics		Management/Administration	X	Multicultural Therapy
	Infant/Parent		Program Evaluation		Spirituality/Psychology Integration
X	Family		Vocational/Career Development	X	Death/Dying/Bereavement
	Geropsychology		Psychological Assessment	X	Domestic Violence
X	School Based		Neuropsychological Assessment	X	PTSD/Trauma
	College Based	X	Psychology of Men	X	Serious Mental Illness
X	Bilingual in treatment		Others (specify):		

<b>IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS</b>			
<b>A. Treatment Modalities performed by student: (Mark X in all that apply.)</b>			
X	Individual Therapy		Crisis Intervention
X	Couples Therapy	X	Brief Therapy
X	Family Therapy	X	Long Term Therapy
X	Group Therapy		Psychological Assessment
	Community Intervention		Neuropsychological Assessment
X	Consultation/Liaison		Case Management
	Others (specify):		
<p>► <b>Describe practicum trainee duties and responsibilities:</b>                      Trainees are assigned to provide psychotherapy services either in a school-based program or at our outpatient clinic. They assess the individual for treatment; i.e., the appropriateness for treatment, whom to treat or to involve in the treatment, patient's needs, approaches for proceeding with treatment, therapeutic interventions that best address the patient's needs, etc. The trainee will be supervised in formulating ideas about their patients and how they can be of help to the patient.</p>			

<b>V. ASSESSMENT and PSYCHOLOGICAL TESTING</b>	
<b>A. Assessment Overview</b>	
Will trainee have opportunity for assessment/testing experiences?	No
Is there additional supervision/training for assessment/testing?	No
Percentage of practicum time allotted for providing assessment services:	
Estimate of average # of Test Batteries completed per year:	

<b>B. Assessment Modalities performed by student: (Mark X next to all that apply.)</b>			
	Projective		Intelligence
	Personality		Neuropsychological
	Academic		Vocational
	Other:		
<p>► <b>Describe the Assessment Program:</b></p>			

**VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A.** Describe below.

Conceptually, our training is psychodynamic in nature with eclectic interventions being utilized in the therapy. Much of the focus initially is on the evolving therapist-patient relationship. The supervision process also looks at the elements of the supervisor-supervisee relationship and the dichotomy of the teach/treat dynamic, in regards to treating the patient.

**B. Supervisor Licenses:** Please note the number of supervisors with the following licenses.

3	*Licensed Psychologists (PsyD/PhD/EdD)	4	MFT
	*Psychiatrists		LCSW
	Other:		

*\*Note:* Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

<b>C. Supervision and Training</b>	<b>Hours per week</b>
Individual Supervision	1
Group Case Consultation	2
Didactic Training	2
Other:	
<b>Total hours Training/Supervision</b>	<b>5</b>

**D. Methods of Supervision:** (Mark X next to all that apply.)

	Live Observation	X	Process Notes
	Two Way Mirror	X	Case Reviews and Discussion
	Videotapes Review		Audiotape Review
	Other:		

**E. Theoretical Orientations of the Supervising Staff** (check all that apply)

	Biopsychosocial		Jungian
	Cognitive Behavioral		Narrative
X	Family Systems		Psychosocial Rehabilitation
	Feminist	X	Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
	Integrative		Recovery Based Model
X	Others (specify): Multicultural		

► **Comments on theoretical orientation:** We attempt to provide a learning environment for trainees to experience working with individuals given a psychodynamic conceptual framework. They can develop a better sense what it is like to act in the role of a therapist as they consider the relational aspects.

**F. Training Emphasis Areas:** Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with "X" areas where *substantial* training program exists such that it would qualify for graduate program practicum in these areas.

X	Community/Multicultural		Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
X	Family/Child		Gender
X	Psychodynamic		Not Applicable
	Others (specify):		

► Please add specific information regarding all Emphasis Area(s) you checked:  
Our training always includes case examples and/or case studies that reflect the clinical skills. Cases presented often consist of multicultural issues-how the therapist and patient considers differences-thinking about and incorporating the "forbidden issues" into the therapy hours through the experience of supervision. The primary focus is on the relationship between the therapist and patient; using supervision to better understand the patient's behavior and needs. Reflecting on how the patient engages with the therapist in a way to receive help or prevent oneself from receiving help.

## VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	Start application and interview process January 1 <sup>st</sup> . We accept candidates starting in January. Deadline for applications March 1 <sup>st</sup> .
Selection Date Estimate:	January through April.
Standard required materials	<b>Vita, Letter of Intent, 3 Letters of Recommendation</b>
Agency specific materials:	N/A
Preferred Experience:	Some clinical experience; work experience in a child/adolescent setting; some knowledge about group process and group dynamics
Preferred Coursework:	Studied psychodynamic theory or interest in psychodynamic theory
Interview Process: (keep those that apply, erase rest)	Individual Interview, Case Presentation, Vignettes
Other application/interview information:	

**VIII. Verifying Information:** I verify that the above information is current and accurate.

Date:	August 8, 2005
Directors Name:	John Henry and Vicci Tibbetts
*Directors Signature:	

\*If emailing, you may add signature through copy and paste or leave signature blank, since emailing will suffice.