

Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

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Practicum Information Form (rev 8.4.2005)

I. AGENCY INFORMATION	East County Child and Adolescent Mental Health Services
Date Completed:	10/1/05
Address:	3501 Lone Tree Way Suite 200
City, State, Zip:	Antioch CA 94509
Phone:	925-427-8664
Fax #:	925-427-8645
Agency Website address:	www. http://www.co.contra-costa.ca.us/
List multiple agency programs/contacts:	
Director of Training:	Courtney Thomas, Psy.D.
Director Degree and CA License #:	Psychologist PSY19714
Director Phone:	925-427-8664
Director email:	cthomas@hds.co.contra-costa.ca.us
Other contact people information:	

II. PRACTICUM TRAINING PROGRAM BASICS	
<u>A. Year Level Openings</u>	<i>Estimated</i>
2 nd Year (Grad School) Practicum Openings	2-3
3 rd Year (Grad School) Practicum Openings	2-3
-Total Practicum Openings	4-6
-Internship Level Openings	0
<u>B. Students at Agency</u>	
Number of Current Argosy Practicum Students	1
Total Number of Current Practicum Students	8
Number of Practicum Applicants last year	30
Number of Current Argosy Interns at Site	0
<u>C. Practicum Dates and Times</u>	
Beginning Date	Mid-September
Ending Date	Mid-June
Number of weeks for practicum	40
Hours per week for practicum	16
Required days and times at agency	Tuesday 10:00a- 12:00p Wednesday 10:30a –2:30p
<u>D. Stipend:</u> Is there Stipend? If yes, amount per year?	No

***Note:** 2nd year practicum is 16 hours and 3rd year is 16 up to 20 hours per week. Minimum of 38 weeks required with maximum of 52 weeks.

III. AGENCY DESCRIPTION: We are one of three regional clinics in Contra Costa County serving children ages 5-18 and their families. Our population is diverse and comes from a low socioeconomic background. All types of dysfunction are represented from mild to severe. Our staff is a committed and experienced group of individuals who are dedicated to improving the lives of these children. Areas served include: Bay Point, Pittsburg, Antioch, Oakley, Brentwood, Discovery Bay, and Byron.

A. Population: Indicate *estimated* % of clients in each category.

<u>%</u>	<u>Gender</u>	<u>%</u>	<u>Life Cycle</u>
65	Male	0	Infants (1-4)
45	Female	65	Children (ages 5-12)
0	Transgender	45	Adolescents (ages 13-17)
100%	Total	0	(ages 65+)
		100%	Total
	<u>Ethnic/Cultural Identity</u>		<u>Other Identified Groups</u>
33	African American	1	Gay/Lesbian
0	Asian American	5	Disabled Population
33	Euro-American	0	International
33	Hispanic/Latin American		Other:
0	Native American		(Note, above will not total 100%)
	Other		
100%	Total		
	<u>Populations Treated</u>		<u>Functioning Level of Clients</u>
50	Individual	55	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
0	Couples	35	Moderate (i.e., moderate personality dx, anxiety, depression)
50	Families	10	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
	Groups	100%	Total
100%	Total		

Others notes about populations: Basically any problem or diagnosis one could imagine a child having is represented at our site.

B. Specialty Areas: Mark an X next to all specialties that apply at agency.

	Behavioral Medicine		Hospital		Psychology of Women
	Health Psychology	x	Community Mental Health Clinic		Disabilities
	Psychopharmacology		Forensics		Gay/Lesbian
x	Pediatrics		Management/Administration	x	Multicultural Therapy
	Infant/Parent		Program Evaluation		Spirituality/Psychology Integration
x	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology	x	Psychological Assessment	x	Domestic Violence
	School Based		Neuropsychological Assessment	x	PTSD/Trauma
	College Based		Psychology of Men	x	Serious Mental Illness
x	Bilingual in treatment		Others (specify):		

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS			
A. Treatment Modalities performed by student: (Mark X in all that apply.)			
x	Individual Therapy	x	Crisis Intervention
	Couples Therapy	x	Brief Therapy
x	Family Therapy	x	Long Term Therapy
x	Group Therapy	x	Psychological Assessment
x	Community Intervention		Neuropsychological Assessment
	Consultation/Liaison	x	Case Management
	Others (specify):		
<p>► Describe practicum trainee duties and responsibilities: Practicum students typically handle a caseload of 4-6 clients as well as maintaining responsibility for completing face-to-face intake assessments and phone screening for incoming clients. Students may also choose to engage in group therapy, psychological assessment, or community intervention or all of the above. Students are treated like a staff member in every way and are viewed as one of the family throughout their training year.</p>			

V. ASSESSMENT and PSYCHOLOGICAL TESTING	
A. Assessment Overview	
Will trainee have opportunity for assessment/testing experiences?	Yes, it is optional
Is there additional supervision/training for assessment/testing?	Yes
Percentage of practicum time allotted for providing assessment services:	As much as needed
Estimate of average # of Test Batteries completed per year:	2-3 if desired

B. Assessment Modalities performed by student: (Mark X next to all that apply.)			
x	Projective	x	Intelligence
x	Personality	x	Neuropsychological
x	Academic		Vocational
	Other:		
<p>► Describe the Assessment Program: Students are asked to complete a standard battery of tests including: WISC-IV, Rorschach, Beery VMI, Bender-Gestalt, Trail Making Test, CAT/TEMAS/TAT, HTP, WRAT3, and any additional tests that seem to be indicated. Students are responsible for administering the tests, interpreting the data, writing a report and giving feedback to the family. Supervision is provided as needed throughout the process. Students are expected to have working knowledge of testing prior to administering tests here.</p>			

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Describe below.

I and the other supervisors are very committed to providing a good supervision experience. There are three hours of scheduled supervision weekly (1 hour individual/2 hours group). In addition students are always encouraged to speak to any member of our staff to obtain feedback, guidance, etc. We have an open door policy and all staff members welcome intern questions.

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

4	*Licensed Psychologists (PsyD/PhD/EdD)	9	MFT
3	*Psychiatrists	1	LCSW
17	Other: Paraprofessionals and other license eligible staff.		

**Note:* Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	2
Didactic Training	1.5
Other:	
Total hours Training/Supervision	4.5

D. Methods of Supervision: (Mark X next to all that apply.)

	Live Observation	x	Process Notes
x	Two Way Mirror	x	Case Reviews and Discussion
	Videotapes Review	x	Audiotape Review
	Other:		

E. Theoretical Orientations of the Supervising Staff (check all that apply)

	Biopsychosocial	x	Jungian
x	Cognitive Behavioral		Narrative
x	Family Systems		Psychosocial Rehabilitation
	Feminist	x	Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
	Integrative		Recovery Based Model
x	Others (specify): The creative, what works approach which is essential for working with our population.		

► **Comments on theoretical orientation:** Our clinical populations often present complex, multilayered problems that do not always respond to traditional therapies, thus, we utilize creativity and go beyond traditional approaches to find effective interventions.

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with X areas where *substantial* training program exists such that it would qualify for graduate program practicum in these areas.

x	Community/Multicultural	x	Cognitive Behavioral
	Health Psychology	x	Assessment
	Forensic Psychology		Geriatric
x	Family/Child		Gender
x	Psychodynamic		Not Applicable
	Others (specify):		

► Please add specific information regarding all Emphasis Area(s) you checked: Because we are a community/government mental health clinic, students will be exposed to the community mental health model that is utilized in our System of Care. In addition, our population is solely limited to children ages 5-18, which provides intensive experience in this area of practice. Most of our staff are well versed in both psychodynamic and cog/behavioral tx and are more than willing to share that knowledge during our trainings and informal contacts.

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	Rolling deadline, begins in late January
Selection Date Estimate:	Usually April –but often varies
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	None
Preferred Experience:	Some experience with children is required, not necessarily clinical experience, but one needs to have an understanding of children and how to relate to them on a personal level.
Preferred Coursework:	Anything with children and/or family tx, also DSM dx is helpful as well as psychological assessment if you wish to complete assessments during the training year.
Interview Process: (keep those that apply, erase rest)	Individual interview with training director and usually one or two other staff members. All applicants are asked a standard set of questions that includes a vignette discussion.
Other application/interview information:	We encourage applicants to be themselves and to ask questions. We want there to be a good fit.

VIII. Verifying Information: I verify that the above information is current and accurate.

Date:	8/8/05
Directors Name:	Courtney Thomas, Psy.D
*Directors Signature:	<i>Courtney Thomas, Psy.D.</i>

*If emailing, you may add signature through copy and paste or leave signature blank, since emailing will suffice.