

Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

999-A Canal Blvd. Point Richmond, CA 94804 Ph: 510-215-0277 Fax: 510-215-0299

Practicum Information Form (rev 12/1/2006)

I. AGENCY NAME	St. Helena Hospital, Center for Behavioral Health
Date Completed	12/1/2006
Address:	525 Oregon St
City, State, Zip:	Vallejo, California 94590
Phone:	707-648-2200
Fax #:	707-649-4700
Agency Website address:	
List multiple agency programs/contacts:	
Director of Training:	Doug Cort
Director Degree and CA License #:	Ph.D. PSY 11390
Director Phone:	707-649-4054
Director email:	CortD@cspo.ah.org
Other contact people information:	

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Year Level Openings</u>	<i>Estimated</i>
2 nd Year (Grad School) Practicum Openings	0
3 rd Year (Grad School) Practicum Openings	4
-Total Practicum Openings	4
-Internship Level Openings	Varies
B. <u>Students at Agency</u>	
Number of Current Argosy Practicum Students	2
Total Number of Current Practicum Students	4
Number of Practicum Applicants last year	26
Number of Current Argosy Interns at Site	0
C. <u>Practicum Dates and Times</u>	
Beginning Date	Summer/Fall
Ending Date	Summer
Number of weeks for practicum	52 (1 month vacation)
Hours per week for practicum	16-20
Required days and times at agency	Wed. and Fri
D. <u>Stipend:</u> Is there Stipend? If yes, amount per year?	\$2,500 per year, meals and one month leave.

***Note:** Practicum requirements:
 -16 hours a week
 -minimum of 38 weeks
 -maximum of 52 weeks
 -minimum 500 hours
 -Primary supervisor is licensed psychologist
 -Training is 4 or more hours typically including: 1 or more hours of individual supervision, 2 hours case conference, 1 hour didactic training per week.

III. AGENCY DESCRIPTION: Please describe below.

The Center for Behavioral Health is 61-bed psychiatric hospital serving children, adolescents, adults and geriatric patients in inpatient and partial hospitalization/day treatment settings. It is fully accredited by JCAHO and HCFA. Services are provided by a multidisciplinary team and focus on rapid stabilization for patients with acute psychological symptoms. An inpatient eating disorders program began in Fall 2004. The duration of the practicum is one year including four weeks vacation. Opportunities for research and teaching are also significant parts of the program. The hospital has a history of appreciation and support of our practicum students' work.

A. Population: Indicate estimated % of clients in each category.

%	<u>Gender</u>	%	<u>Life Cycle</u>
40	Male	35	Adults
60	Female	20	Children (ages 5-12)
	Transgender	40	Adolescents (ages 13-17)
100%	<i>Total</i>	5	Seniors (ages 65+)
		100%	<i>Total</i>
	<u>Ethnic/Cultural Identity</u>		<u>Other Identified Groups</u>
15	African American		Gay/Lesbian
10	Asian American		Disabled Population
60	Euro-American		International
15	Hispanic/Latin American		Other:
	Native American		(Note, above will not total 100%)
	<i>Other</i>		
100%	<i>Total</i>		
	<u>Populations Treated</u>		<u>Functioning Level of Clients</u>
35	Individual	100	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
	Couples		Moderate (i.e., moderate personality dx, anxiety, depression)
	Families		Mild Dysfunction (i.e., adjustment dx, transitions, growth)
65	Groups	100%	<i>Total</i>
100%	<i>Total</i>		
Others notes about populations:			

B. Specialty Areas: Mark an X next to all specialties that apply at agency.

X	Behavioral Medicine	X	Hospital		Psychology of Women
X	Health Psychology		Community Mental Health Clinic		Disabilities
X	Psychopharmacology		Forensics		Gay/Lesbian
X	Pediatrics		Management/Administration		Multicultural Therapy
	Infant/Parent		Program Evaluation		Spirituality/Psychology Integration
	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology	X	Psychological Assessment		Domestic Violence
	School Based		Neuropsychological Assessment		PTSD/Trauma
	College Based		Psychology of Men	X	Serious Mental Illness
	Bilingual in treatment		Others (specify):		

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

X	Individual Therapy		Crisis Intervention
	Couples Therapy	X	Brief Therapy
	Family Therapy		Long Term Therapy
X	Group Therapy	X	Psychological Assessment
	Community Intervention		Neuropsychological Assessment
X	Consultation/Liaison		Case Management
	Others (specify):		

► **Describe practicum trainee duties and responsibilities:** Group and individual psychotherapy, psychological assessment, consultation with multidisciplinary treatment team, psychoeducation to patients and staff, charting. Practicum students will work both at the Center for Behavioral Health located in Vallejo, California (approximately 30 minutes from Berkeley) and in the Alcohol and Chemical Recovery Program in The St. Helena Center for Health located in St. Helena, California. The practicum has a strong training and practice component in the provision of short-term group therapy for severely disturbed patients.

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?	Yes
Is there additional supervision/training for assessment/testing?	Yes
Percentage of practicum time allotted for providing assessment services:	Up to 40%
Estimate of average # of Test Batteries completed per year:	4-16

B. Assessment Modalities performed by student: (Mark X next to all that apply.)

X	Projective	X	Intelligence
X	Personality		Neuropsychological
	Academic		Vocational
	Other:		

► **Describe the Assessment Program:** Interns participate in weekly testing seminars and move through a training sequence becoming privileged in the modalities used in the hospital. As that occurs interns will administer, score and write assessments under the direct supervision of a licensed psychologist. Extensive opportunities for training in psychological assessment are an outstanding feature at this site.

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Describe below.

Students are held in high esteem by the administration and staff of CBH. Training is provided in a structured way emphasizing clinical skill and ethical behavior. Respect and consideration are highly valued and typically manifest in all interactions. Students will leave with an appreciation of the nature of severe pathology and considerable skills and experience in treating these patients. Our areas of excellence include group therapy, psychological assessment and didactic training.

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

5	*Licensed Psychologists (PsyD/PhD/EdD)		MFT
8	*Psychiatrists		LCSW
1	PharmD		

Note: Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	2
Didactic Training	2
Other:	
Total hours Training/Supervision	5

D. Methods of Supervision: (Mark X next to all that apply.)

X	Live Observation	X	Process Notes
	Two Way Mirror	X	Case Reviews and Discussion
	Videotapes Review		Audiotape Review
	Other:		

E. Theoretical Orientations of the Supervising Staff (check all that apply)

X	Biopsychosocial		Jungian
X	Cognitive Behavioral		Narrative
	Family Systems		Psychosocial Rehabilitation
	Feminist	X	Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
X	Integrative		Recovery Based Model
	Others (specify):		

► **Comments on theoretical orientation:**

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program exists such that it would qualify for graduate program practicum in these areas.

	Community/Multicultural	X	Cognitive Behavioral
X	Health Psychology	X	Assessment
	Forensic Psychology		Geriatric
	Family/Child		Gender
	Psychodynamic		Not Applicable
	Others (specify): Group psychotherapy; Pharmacology		

► Please add specific information regarding all Emphasis Area(s) you checked: Training includes

Group supervision/didactics (1 hour per week) (topics include – law and ethics, treatment planning, cultural diversity, psychopharmacology, group theory, CBT training and health psychology as well as case presentations).

Assessment training – (1 hour) cognitive and personality assessment with children, adolescents and adults.

Group on groups – (1 hour) experiential training in group psychotherapy

Pharmacology training- (1 hour) biweekly training in fundamentals of pharmacology and its application to the treatment of the mentally ill.

Health Psychology and Chemical Dependency-(1 hour) biweekly training in the theory and practice of Health Psychology and theory and treatment of chemical dependency.

Treatment team meeting – (variable) multidisciplinary team meetings focusing on developing and implementing patient’s treatment plans.

G. Multicultural Training	yes	no
Agency provides formal multi-cultural didactic training for students.	X	
Agency integrates multi-cultural training into supervision.	X	
Agency makes multicultural issues an important part of case conferences.	X	
► Please describe or add information about your multicultural training?		

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	Jan. 15, 2006
Selection Date Estimate:	March 1, 2006
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	
Preferred Experience:	Testing; Group
Preferred Coursework:	Cognitive and personality assessment; Abnormal Psychology
Interview Process: (keep those that apply, erase rest)	Individual Interview, Group Interview, Role Play, Case Presentation, Vignettes, others
Other application/interview information:	Applicants should be post-masters by the time the practicum begins with course work in abnormal psychology and psychological assessment completed. Preference will be given to students with therapy and/or assessment experience. We are also looking for students with knowledge and interest in working with dually diagnosed (substance abuse combined with another Axis 1 diagnosis) patients.

VIII. Verifying Information: I verify that the above information is current and accurate.

Date:	12/1/06
Directors Name:	Doug Cort, Ph.D.
Directors Signature:	DC