

Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

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Practicum Information Form (form ver 9/21/2006)

I. AGENCY NAME	San Mateo County Mental Health
Date Completed:	12/05/06
Address:	3080 La Selva Street
City, State, Zip:	San Mateo, 94403
Phone:	650-573-2306
Fax :	650-572-9347
Agency Website address:	www.smhealth.org . *There is link here with detailed training information.
List multiple agency programs/sites:	25 + sites. See website for descriptions of different units.
Director of Training Name:	Craig Schlarb, PhD till 02/10/07 then Alisa Kriegel
Director Degree and CA License #:	PhD PSY20558
Director Phone:	650-573-2306
Director email:	cschlarb@co.sanmateo.ca.us till 02/10/07 then Akriegel@co.sanmateo.ca.us
Other contact person information:	

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Year Level Openings</u>	Estimated
2 nd Year (Grad School) Practicum Openings	6
3 rd Year (Grad School) Practicum Openings	6
-Total Practicum Openings	12
-Total Pre-Doc Internship Level Openings	9
B. <u>Student Data</u>	
Number of Total Practicum Applicants Last Year	?
Number of All Current Practicum Students at Agency	12
Number of Current Argosy Practicum Students at Agency	0
Number of All Current Pre-Doc Intern Students	9
Number of Current Argosy Pre-Doc Interns	1
C. <u>Practicum Dates and Times</u>	
Beginning Date	Aug/Sept
Ending Date	June
Number of weeks for practicum	38 plus weeks
Hours per week for practicum	16-20
Required days and times at agency	varies
D. <u>Stipend</u>: Is there Stipend? If yes, amount per year?	\$270 or Cultural Competency stipend up to 5K

***Note:** Practicum requirements:
 -16 hours a week
 -minimum of 38 weeks
 -maximum of 52 weeks
 -minimum 500 hours
 -Primary supervisor is licensed psychologist
 -Training is 4 or more hours typically including: 1 or more hours of individual supervision, 2 hours case conference, 1 hour didactic training per week.

III. AGENCY DESCRIPTION: Please describe below.

The Mental Health program in San Mateo County is a comprehensive mental health services program dedicated to serving the needs of seriously mentally ill adults and severely emotionally disturbed youth and their families. Services are offered to children, adolescents, and adults in inpatient, outpatient, and outreach programs by multidisciplinary staff that includes Psychologists, Psychiatrists, Nurses, Social Workers, MFT's, Interns and Trainees. **We offer many placement opportunities.** Some opportunities are with our Regional Clinics, which serve adults and youths within a geographic area. Other opportunities are with units that serve specialized populations of senior adults, adults and youth throughout the County. Each unit is described in more detail in this packet of information.

A. Population: Indicate estimated % of clients in each category.

%	<u>Gender</u>	%	<u>Life Cycle</u>
48	Male	5	Infants (0-4)
51	Female	15	Children (ages 5-12)
1	Transgender:	20	Adolescents (ages 13-17)
100%	<i>Total</i>	40	Adults (18-64)
		20	Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
15	African American		
15	Asian American		<u>Other Identified Groups</u>
40	Euro-American	15	Gay/Lesbian:
20	Hispanic/Latino American	20	Disabled Population:
5	Native American	?	International:
5	<i>Other:</i>		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<u>Populations Treated</u>		
60	Individual		<u>Functioning Level of Clients</u>
5	Couples	60	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
15	Families	30	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
20	Groups	10	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>

► **Others notes about populations:** See website www.smhealth.org for detailed information.

B. Specialty Areas: Mark an X next to all specialties that apply at agency.

x	Behavioral Medicine	x	Hospital	x	Disabilities
x	Health Psychology	x	Community Mental Health Clinic	x	Multicultural Therapy
x	Psychopharmacology	x	Forensics		Spirituality/Psychology Integration
	Pediatrics	x	Management/Administration		Gay/Lesbian/Transgender
x	Infant/Parent	x	Program Evaluation		Death/Dying/Bereavement
x	Family		Vocational/Career Development	x	Domestic Violence
x	Geropsychology	x	Psychological Assessment	x	PTSD/Trauma
x	School Based	x	Neuropsychological Assessment	x	Serious Mental Illness
	College Based	x	Psychology of Men	x	Substance Abuse/Recovery
x	Bilingual in treatment	x	Psychology of Women		Others (specify):

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

x	Individual Therapy	x	Crisis Intervention
x	Couples Therapy	x	Brief Therapy
x	Family Therapy	x	Long Term Therapy
x	Group Therapy	x	Psychological Assessment
x	Community Intervention		Neuropsychological Assessment
x	Consultation/Liaison	x	Case Management
	Others (specify):		

► **Describe practicum trainee duties and responsibilities:** Student may be responsible for coordinating care for a handful of clients in county system along w/ providing regular therapy. See website for more detailed information: www.smhealth.org.

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?	Yes
Is there additional supervision/training for assessment/testing?	Yes
Percentage of practicum time allotted for providing assessment services:	20
Estimate of average # of Test Batteries completed per year:	1-10- varies per site

B. Assessment Modalities performed by student: (Mark X next to all that apply.)

x	Projective	x	Intelligence
x	Personality		Neuropsychological
	Academic		Vocational
	Others (specify):		

► **Describe the Assessment Program:** Varies widely by site.

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Please describe below.

Community Mental Health Model w/ SMI- Assessment, Tx planning, implementation and coordination. San Mateo County is proud of its training programs as we provide training opportunities for approximately 60-75 psychology interns, masters-level trainees and psychiatric residents every year. Students are welcome to attend any of the five didactic training seminars throughout the county. There are bi-monthly psychiatric grand rounds at the hospital that are open to all staff and students. Regular in-service trainings and specialized staff trainings are also available for students to attend. Over the past years there have been trainings in a wide variety of topics such as Dialectical Behavior Therapy, Solution Focused Therapy, Attachment Theory, Cognitive Behavior Therapy, and Suicide Assessment.

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.			
10	*Licensed Psychologists (PsyD/PhD/EdD)	40	MFT
40	*Psychiatrists	20	LCSW
Other (specify):			
*Note: Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation and contract forms for students.			

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	1.5
Didactic Training	2
Other (specify):	Varies per site
Total hours Training/Supervision	4.5

D. Methods of Supervision: (Mark X next to all that apply.)			
	Live Observation	x	Process Notes
	Two Way Mirror	x	Case Reviews and Discussion
	Videotapes Review		Audiotape Review
Others (specify):			

E. Theoretical Orientations of the Supervising Staff: (Mark X next to all that apply.)			
x	Biopsychosocial	x	Narrative
x	Cognitive Behavioral	x	Psychosocial Rehabilitation
x	Family Systems	x	Psychodynamic/analytic:
	Feminist	x	Solution Focused
	Humanistic/Existential	x	Transpersonal
	Integrative	x	Recovery Based Model
Others (specify): DBT, MI			
► Comments on theoretical orientation: Varies by site.			

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with "X" areas where *substantial* training program and experience exists such that it would qualify for graduate program training emphasis areas.

x	Community/Multicultural	x	Cognitive Behavioral
x	Health Psychology	x	Assessment
	Forensic Psychology	x	Geriatric
x	Family/Child		Gender
x	Psychodynamic		Not Applicable
	Others (specify): Recovery/ Wellness, DBT, MI		

► **Please add specific information regarding all Emphasis Areas you checked:**

G. Multicultural Training	yes	no
Agency provides formal multi-cultural didactic training for students.	x	
Agency integrates multi-cultural training into supervision.	x	
Agency makes multicultural issues an important part of case conferences.	x	
<p>► Please describe or add information about your multicultural training? Cultural competency is a high priority for San Mateo Co. MH. Cultural Competency Stipends are available for those who are able to help provide services to underserved populations within our system of Senior, Adult and Youth Services. Each stipend is \$5,000 for an intern or trainee who works 24 hours in their placement. Stipends will be pro-rated if the student works fewer hours. If you are interested in learning more or in applying, you can download a copy of the Stipend Application available on the www.smhealth.org website.</p>		

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	CAPIC deadlines plus on-going applications.
Selection Date Estimate:	CAPIC, On going
Standard required materials	Vita, cover letter, three letters of reference. See www.smhealth.org website for description of difference units of practicum, and note which unit you are interested in your letter of interest.
Agency specific materials:	Varies per site
Preferred Experience:	Community MH/ recovery/wellness
Preferred Coursework:	SMI assessment and clinical Tx, substance abuse Tx
Interview Process: (keep those that apply, erase rest)	Individual Interview, varies per site
Other application info:	

VIII. Verifying Information: I verify that the above information is current and accurate.

Date:	12/05/06
Directors Name:	Craig W. Schlarb, Ph.D., till 02/10/07- Alisa Kriegel after 02/10/07
*Directors Signature:	CWS