

Argosy University: San Francisco Bay

American School of Professional Psychology

Clinical Training Office

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Practicum Information Form (form ver 12/1/2006)

I. AGENCY NAME	<i>Oakland Vet Center</i>
Date Completed:	02-20-2007
Address:	1504 Franklin Street #200
City, State, Zip:	Oakland, CA 94612
Phone:	510-763-3904
Fax :	510-763-5631
Agency Website address:	http://www.vetcenter.gov
List multiple agency programs/sites:	
Director of Training Name:	Pamela Planthara, Psy.D
Director Degree and CA License #:	NY 015991
Director Phone:	510-763-3904
Director email:	pamela.planthara@va.gov
Other contact person information:	Rick Collins, MSW Team Leader of Oak Vet Center

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Year Level Openings</u>	Estimated
2 nd Year (Grad School) Practicum Openings	See note in VII
3 rd Year (Grad School) Practicum Openings	3
-Total Practicum Openings	3
-Total Pre-Doc Internship Level Openings	0
B. <u>Student Data</u>	
Number of Total Practicum Applicants Last Year	0
Number of All Current Practicum Students at Agency	2
Number of Current Argosy Practicum Students at Agency	0
Number of All Current Pre-Doc Intern Students	0
Number of Current Argosy Pre-Doc Interns	0
C. <u>Practicum Dates and Times</u>	
Beginning Date	Sept, flexible
Ending Date	August, flexible
Number of weeks for practicum	48-52
Hours per week for practicum	16
Required days and times at agency	W, F
D. <u>Stipend:</u> Is there Stipend? If yes, amount per year?	No

***Note:** Practicum requirements:
 -16 hours a week
 -minimum of 38 weeks
 -maximum of 52 weeks
 -minimum 500 hours
 -Primary supervisor is licensed psychologist
 -Training is 4 or more hours typically including: 1 or more hours of individual supervision, 2 hours case conference, 1 hour didactic training per week.

III. AGENCY DESCRIPTION: Please describe below.

The center provides readjustment counseling and outreach services to all veterans who served in any combat zone. The vet center's mission is to help veterans deal with psychological and social distress experienced in the aftermath of war.

A. Population: Indicate estimated % of clients in each category.

%	<u>Gender</u>	%	<u>Life Cycle</u>
95	Male	0	Infants (0-4)
5	Female	0	Children (ages 5-12)
	Transgender:	0	Adolescents (ages 13-17)
100%	<i>Total</i>	92	Adults (18-64)
		8	Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
43	African American		
6	Asian American		<u>Other Identified Groups</u>
40	Euro-American	.5	Gay/Lesbian:
8	Hispanic/Latino American	1	Disabled Population:
1	Native American		International:
.5	<i>Other:</i>		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<u>Populations Treated</u>		
65	Individual		<u>Functioning Level of Clients</u>
17	Couples	0	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
3	Families	95	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
15	Groups	5	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>
► Others notes about populations:			

B. Specialty Areas: Mark an X next to all specialties that apply at agency.

x	Behavioral Medicine		Hospital	x	Disabilities
x	Health Psychology	x	Community Mental Health Clinic	x	Multicultural Therapy
x	Psychopharmacology		Forensics	x	Spirituality/Psychology Integration
	Pediatrics		Management/Administration		Gay/Lesbian/Transgender
	Infant/Parent		Program Evaluation	x	Death/Dying/Bereavement
x	Family		Vocational/Career Development	x	Domestic Violence
x	Geropsychology	x	Psychological Assessment	x	PTSD/Trauma
	School Based		Neuropsychological Assessment		Serious Mental Illness
	College Based	x	Psychology of Men	x	Substance Abuse/Recovery
	Bilingual in treatment	x	Psychology of Women		Others (specify):

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS**A. Treatment Modalities performed by student: (Mark X in all that apply.)**

x	Individual Therapy	x	Crisis Intervention
xx	Couples Therapy	x	Brief Therapy
	Family Therapy	x	Long Term Therapy
	Group Therapy	x	Psychological Assessment
x	Community Intervention		Neuropsychological Assessment
x	Consultation/Liaison	x	Case Management
	Others (specify):		

► **Describe practicum trainee duties and responsibilities:** Practicum training will be responsible for the following: Assessment and treatment planning; long and short term therapy; individual, couples, family, group therapy, advocacy, information and referral, and consultation services with other VA agencies. Practicum students will be trained for the following through the following steps 1) didactics, 2) observing the agency therapists 3) Being observed 4) and finally doing above mentioned independently with close supervision.

V. ASSESSMENT and PSYCHOLOGICAL TESTING**A. Assessment Overview**

Will trainee have opportunity for assessment/testing experiences?	Y
Is there additional supervision/training for assessment/testing?	N
Percentage of practicum time allotted for providing assessment services:	10%
Estimate of average # of Test Batteries completed per year:	

B. Assessment Modalities performed by student: (Mark X next to all that apply.)

Projective		Intelligence
Personality		Neuropsychological
Academic		Vocational
Others (specify): BDI, PCL-M, Patient Health Questionnaire		

► **Describe the Assessment Program:** All vets are administered the PCL-M.

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES: A. Please describe below.

The training/supervision philosophy of the Oak Vet Center is to bring out the strengths of each student while providing theoretical information to assist with assessment; case formulation/conceptualization; intervention via individual psychotherapy and group. Training is done where the student will observe the therapist initially. Following this the student will then be observed while seeing clients and when adequate skills are shown then the student will engage in individual, couples, and group psychotherapy with supervision. Students will meet with supervisor and develop a list of what they would like to learn while here at the Oak Vet center while supervisor will talk about expectations with regards to assessment, case formulation, interventions during therapy as well as being able to consult, write progress notes and psychosocial reports, and be able to present cases.

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

1	*Licensed Psychologists (PsyD/PhD/EdD)	1	MFT
	*Psychiatrists		LCSW
	Other (specify):		

***Note:** Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation and contract forms for students.

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	2-3
Didactic Training	1.5-2
Other (specify):	
Total hours Training/Supervision	4-5

D. Methods of Supervision: (Mark X next to all that apply.)

x	Live Observation	x	Process Notes
	Two Way Mirror	x	Case Reviews and Discussion
	Videotapes Review		Audiotape Review
	Others (specify):		

E. Theoretical Orientations of the Supervising Staff: (Mark X next to all that apply.)

x	Biopsychosocial		Narrative
x	Cognitive Behavioral		Psychosocial Rehabilitation
	Family Systems	x	Psychodynamic/analytic:
	Feminist		Solution Focused
x	Humanistic/Existential		Transpersonal
x	Integrative		Recovery Based Model
	Others (specify):		

► **Comments on theoretical orientation:** Primarily Mode of training site is CBT.

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with "X" areas where *substantial* training program and experience exists such that it would qualify for graduate program training emphasis areas.

x	Community/Multicultural	x	Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
	Family/Child		Gender
	Psychodynamic		Not Applicable
	Others (specify):		
► Please add specific information regarding all Emphasis Areas you checked: VA			

G. Multicultural Training	yes	no
Agency provides formal multi-cultural didactic training for students.	x	
Agency integrates multi-cultural training into supervision.	x	
Agency makes multicultural issues an important part of case conferences.	x	
► Please describe or add information about your multicultural training?		
Presented at 2006 APA Convention: • Symposium: "Transcultural Psychopharmacology in the Real World." Chair: Elaine O. Mantell, PhD.		
Participants: Anita B. Brown, PhD, Elaine S. LeVine, PhD, Pamela K. Planthara, PsyD, Elaine O. Mantell, PhD. Discussant: James W. Quillin, PhD.		
Planthara, P.M. (1998). Compendium of tests for minority adolescents and adults. In Samuda (Ed), <i>Psychological Testing of American Minorities: Issues and Consequences</i> (2 nd ed., pp. 203-236). California: Sage.		
Training through Post Doc Psychopharm program on Multicultural issues		

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

Application Deadline:	February 1,
Selection Date Estimate:	Until filled thru May 25
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	A list of graduate classes taken (to tailor didactics)
Preferred Experience:	Have worked with Veterans is plus. Third year students preferred but open to second year with more experience.
Preferred Coursework:	PTSD
Interview Process: (keep those that apply, erase rest)	Individual Interview, Group Interview, Case Presentation, Vignettes
Other application/interview information:	A list of graduate classes taken

VIII. Verifying Information: I verify that the above information is current and accurate.

Date:	4-2-07
Directors Name:	Pamela Planthara
*Directors Signature:	PP