

# ARGOSY UNIVERSITY SAN FRANCISCO BAY AREA COURSE SYLLABUS

## Instructor

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## Course Title

SUMMER SESSION II  
Substance Abuse Counseling- PC6900 BLC

**Methods of Instruction** – This course will be delivered in a **blended format**, including in class lecture and discussion, video, and role-plays combined with online instruction. In addition to the two required weekends on campus, students are required to participate online via Embanet-Interlearn at <http://online.argosyu.edu> on a weekly basis during the entire term of the course. This course begins online the on **June 29**, meets on the weekends of **July 15 and 16** and **August 12 and 13**, and concludes on **August 19**.

## Course Number

PC6900

## Required Textbooks

1. Inaba, D. & Cohen, W, E., Holstein, M.E., (1996). **Uppers, Downers, All Rounders: Physical and Mental Effects of Drugs of Abuse. 5th Ed.** Ashland, OR: Cinemed.  
**ISBN- 0-926544-27-6**
2. Stevens, P. and Smith, R. L. (2004). **Substance Abuse Counseling: Theory and Practice. (3rd Edition)**, New Jersey: Pearson-Merrill Prentice Hall  
**ISBN- 0-13-113323-3**

Additional reading will be distributed on the first Saturday class; this will be recommended reading, some which could be used for the final paper.

## Course Description

The purpose of this course will be to introduce students at a graduate level to the field of chemical dependency and substance abuse assessment and treatment with emphasis on the forensic setting. Often a criminal justice intervention is the catalyst that is motivating an individual to examine their substance abuse (for example driving or committing a

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crime while under the influence, possession or sell of drugs, or public intoxication) and treatment may be a condition required upon release. Understanding substance abuse

requires knowledge of drug action and effects, assessment of abuse versus addiction (as well as differentiating co-occurring mental disorders), referral options, and counseling treatment.

### **Course Objectives**

- To gain a general understanding of the neurobiology and psychosocial aspects of drug and alcohol use, abuse and addiction
- To become familiar with the overdose and withdrawal potentials that can arise with both substance use and addiction
- To explore the various models and theories of addiction
- To explore treatment options and appropriate treatment planning.
- To explore the issue of relapse prevention and to learn specific strategies to aid in the prevention of relapse

### **Content Areas and Schedule**

**The course format consists of weekly contact.** This means that in addition to the weekend dates, you will be required to log on one time per week via Argosy's Embanet website and post responses to weekly discussion topics based on readings and other course material, as will be discussed below.

WEEK ONE: JUNE 29-30

Read Ch 1 & 2 from Inaba

Read Ch 4 from Stevens

WEEK TWO: JULY 3-7

Read Ch. 3 & 4 from Inaba

Read Ch. 5 & 6 from Stevens

WEEK THREE: JULY 10-14

Read Ch. 5 & 6 from Inaba

WEEK FOUR: JULY 17-21

Read Ch. 7

Read Ch. 7 & 8 from Stevens

WEEK FIVE: JULY 24-28

Read Ch. 8 from Inaba

WEEK SIX: JULY 31-AUGUST 4

Read Ch. 10 & 11 from Stevens

WEEK SEVEN: AUGUST 7-11

Read Ch. 9 & 10 from Inaba

Read Ch. 9 from Stevens

WEEK EIGHT: AUGUST 14-19

Work on papers

Note: Most online assignments will consist of understanding and application of

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reading by posting onto the discussion board. Online assignments will be specified by

email or online by the start (Monday) of each week. Please note that there will be an assignment posted on June 29 for the first week of classes.

You will be asked to attend an AA or NA meeting by the **first** weekend class. Having some familiarity (if you don't have so already) with these programs allows for an overall effectiveness to your clinical skills. You do not need to participate in the meetings, but I would like for you to observe the dynamics that occur. Note your feelings about having to attend a meeting, your feelings/thoughts during the meeting, and note the interactions of the community in attendance. You will be asked to discuss your experience in class, but you don't have to hand in any formal paper.

You can find information about groups held in your particular locale by going online. For San Francisco/Marin County, go to [www.aasf.org](http://www.aasf.org); for the East Bay, go to [www.eastbayaa.org](http://www.eastbayaa.org).

There will be a paper due on the last weekend class (August 13). This paper will be 5-8 pages, APA format. Research an area in chemical dependency or substance use that you are interested in and want to know more about. Some ideas would be to focus on a particular drug type (cocaine, alcohol, narcotics, designer drugs) and why this particular drug is of interest to you. Or you can explore a style of addiction counseling intervention that you would use with your client and why. A popular topic of debate in substance abuse is the harm reduction model- discuss your views as to whether this model allows for "recovery". Please use at least 3 citations from books and/or journals.

Please let me know your topic of interest by July 21.

There will be a final exam on the last weekend class. This exam will consist of true/false, multiple choice and some short answer type of questions.

#### WEEKEND ONE: JULY 15 AND 16

Students will be asked to discuss their experience of attending an AA/NA meeting.

Vignettes will be given and we will discuss how to address legal/ethical issues with clients dealing with substance abuse issues.

Videos pertaining to substance abuse will be viewed and discussion to follow.

#### WEEKEND TWO: AUGUST 12 AND 13

Students will be asked to present their papers.

Final exam

### **Student Performance Evaluation Criteria and Procedures**

Paper- 100 points

Final exam- 100 points

Email assignments- 100 points

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Participation- 100 points

**Criteria for Class Participation**

Grade	
A = 90+	Student actively participated in discussions in <b>&gt;80%</b> of class sessions; <b>nearly all</b> comments were <b>thought provoking and incorporated material from the assigned readings</b>
B = 80 – 89	Student actively participated in discussions in <b>&gt;80%</b> of class sessions; <b>most</b> of the comments were thought provoking and incorporated material from the assigned readings
C = 70 – 79	Student participated in discussions in <b>&gt;70%</b> of class sessions; comments/questions demonstrate a surface level understanding of course topics
F = <70	Student participated in <b>&lt;70%</b> of class sessions; comments/questions did not demonstrate an understanding of course topics, or <b>student did not participate</b> in class discussions.

**Criteria for Paper**

Grade	
A = 90+	Paper is in appropriate APA format, well thought out and provides <b>excellent</b> coverage of material
B = 80 – 89	Paper is well thought out, but is missing one component of APA format <b>OR</b> coverage of material is <b>adequate</b>
C = 70 – 79	Insufficient number of references provided <b>AND limited</b> coverage
F = <70	Paper is disorganized <b>AND</b> coverage is not adequate <b>AND</b> does not conform to APA format, or there is evidence of <b>plagiarism</b> , or paper not submitted

**Grading**

93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
69 below	F

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## **Academic Dishonesty/Plagiarism**

In an effort to foster a spirit of honesty and integrity during the learning process, Argosy University requires that the submission of all course assignments represent the original work produced by that student. All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association, 5<sup>th</sup> Edition (2001)*. Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association, 5<sup>th</sup> Edition* for thesis and paper format. Students are encouraged to purchase this manual (required in some courses) and become familiar with its content as well as consult the Argosy University catalog for further information regarding academic dishonesty and plagiarism.

Additionally, Argosy University considers resubmission of a work produced for one course in a subsequent course or the submission of work done partially or entirely by another to be academic dishonesty. It is the student's responsibility to seek clarification from the instructor regarding how much help may be received in completing an assignment, exam or project and what sources may be used.

**Scholarly writing:** The faculty at Argosy University is dedicated to providing a learning environment that supports scholarly and ethical writing free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You are responsible for maintaining an electronic copy of any work submitted, because you may be asked to submit your course assignments through "Turnitin," ([www.turnitin.com](http://www.turnitin.com)), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

## **ADA Policy**

It is AU/San Francisco Bay Area Campus policy not to discriminate against qualified students with a documented disability in its educational programs, activities or services. If you have a disability-related need for accommodations in this class, contact the Campus Director of Student Services at 510-215-0277.

**Your instructor is responsible for delivering this curriculum in a format that will ensure the objectives are met and measured. This can be accomplished in a variety of ways depending upon the experience, orientation, technological acumen, emphasis and preferences of the instructor as well as the resources available. Your instructor is also**

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**required to ensure that the course Outline include details regarding assignments and method of instruction.**

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