

## **Couples and Family Therapy PC 6700**

### **Course Syllabus**

#### **Instructor Information:**

Robert Grant, PhD

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Weekends – March 17-18, 2007

April 21-22, 2007

**Office Hours:** By appointment (before and after each class)

#### **Required Readings:**

Family Therapy: An Overview (Goldenberg, I. & Goldenberg, H.), Last Edition, Brooks/Cole, Pacific Grove 1996

#### **Suggested Readings:**

Couples in Treatment (Weeks, G. & Treat, S.) Bruner Mazel, New York, 1992

Couples in Therapy (Wile, D.) Wiley and Sons, New York 1982

**Course Description:** This course will provide an overview of several of the major approaches to family and couples therapy. Each theory will be reviewed in terms of its key spokespersons, assumptions about human development/interaction, therapeutic processes and relevant applications.

**Course Objectives:** As a result of this course students will demonstrate the following:

- Understanding of major theories of family and couples counseling.
- Ability to assess and map a family system.
- Create an Appropriate Treatment Strategy
- Begin to think about an approach that student may use as a professional

### **Reading Assignments:**

Finish reading text by first class if not then completed text by beginning of second weekend.

### **Written Examinations:**

Midterm Exam – Sunday - First Weekend (near end of class)

Final Exam – End of Last Class

**Grades** : 30 points – class participation (student must be present for 100% of all classes).

30 points – mid term examination

40 points final examination

### **Criteria for Class Participation**

Grade	
A = 90+	Student actively participated in discussions in <b>&gt;80%</b> of class sessions; <b>nearly all</b> comments were <b>thought provoking and incorporated material from the assigned readings</b>
B = 80 – 89	Student actively participated in discussions in <b>&gt;80%</b> of class sessions; <b>most</b> of the comments were thought provoking and incorporated material from the assigned readings
C = 70 – 79	Student participated in discussions in <b>&gt;70%</b> of class sessions; comments/questions demonstrate a surface level understanding of course topics
F = <70	Student participated in <b>&lt;70%</b> of class sessions; comments/questions did not demonstrate an understanding of course topics, or <b>student did not participate</b> in class discussions.

### **Criteria for Class Presentation**

Grade	
A = 90+	Presentation is well organized and provides <b>excellent</b> coverage of the topic area; informative visual aids provided to the instructor and classmates

B = 80 – 89	Presentation is well organized and provides <b>adequate</b> coverage of the topic area
C = 70 – 79	Coverage of material is marginal; presentation is slightly disorganized
F = <70	Presentation is <b>disorganized</b> and does not provide adequate coverage of the topic area, or presentation was <b>not completed</b> by student.

**Criteria for Paper**

Grade	
A = 90+	Paper is in appropriate APA format, well thought out and provides <b>excellent</b> coverage of material
B = 80 – 89	Paper is well thought out, but is missing one component of APA format OR coverage of material is <b>adequate</b>
C = 70 – 79	Insufficient number of references provided AND <b>limited</b> coverage
F = <70	Paper is disorganized AND coverage is not adequate AND does not conform to APA format, or there is evidence of <b>plagiarism</b> , or paper not submitted

**Grading Scale:**

A+ = 98-100 points

A= 95-98

A- = 90-95

B+ = 85-90

B = 82-85

B-= 80-82

C+ = 77-80

C = 75-77

C-= 70-75

F= 69 below

**Course Outline:**

Saturday #1 – 9-am – 12 noon  
Pages 1- 100 of Text  
Family Therapy Framework  
Family as a PsychoSocial System  
History of Family Therapy

Saturday #1 1-5 PM  
Psychodynamic  
Humanistic  
Bowen

Sunday #1 9-12 PM  
Structural (Minuchin)  
MRI

Sunday #1 1-5 pm  
New Directions  
Gender Sensitive Family Therapy  
Professional Issues and Ethics  
Midterm

Saturday #2 9-12  
Couples Therapy  
    Basic Principles

Saturday #2 1-5 PM  
Couples Therapy  
    Basic Approaches/Techniques

Sunday # 2 9-12 PM  
Analysis of Family Vignettes  
Mapping a Family System  
Developing a Treatment Plan

Sunday #2 1-5 PM  
Course Review  
Final Examination

**Academic Dishonesty/Plagiarism**

In an effort to foster a spirit of honesty and integrity during the learning process, Argosy University requires that the submission of all course assignments represent the original work produced by that student. All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association, 5<sup>th</sup> Edition (2001)*. Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association, 5<sup>th</sup> Edition* for thesis and paper format. Students are encouraged to purchase this manual (required in some courses) and become familiar with its content as well as consult the Argosy University catalog for further information regarding academic dishonesty and plagiarism.

Additionally, Argosy University considers resubmission of a work produced for one course in a subsequent course or the submission of work done partially or entirely by another to be academic dishonesty. It is the student's responsibility to seek clarification from the instructor regarding how much help may be received in completing an assignment, exam or project and what sources may be used.

Scholarly writing: The faculty at Argosy University is dedicated to providing a learning environment that supports scholarly and ethical writing free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You are responsible for maintaining an electronic copy of any work submitted, because you may be asked to submit your course assignments through "Turnitin," ([www.turnitin.com](http://www.turnitin.com)), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

### **ADA Policy**

It is AU/San Francisco Bay Area Campus policy not to discriminate against qualified students with a documented disability in its educational programs, activities or services. If you have a disability-related need for accommodations in this class, contact the Campus Director of Student Services at 510-215-0277.