

Course Title: Group Counseling

Course Number: PC6505

Instructor: Kaho Sugi-Grant, Psy.D.
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Office Hours by appointment

Text:

Corey & Corey (2006). Groups: Process and Practice. Belmont, CA: Thomson Brooks/Cole. ISBN: 0534607950

Corey (2004). Theory & Practice of Group Counseling (6th ed.). Belmont, CA: Thomson Brooks/Cole. ISBN: 0534596975

Course Description:

This course provides an overview of basic elements of group process, with a focus on stages of group development, including coverage of introduction to group work; guidelines for multicultural practice; ethical and professional issues in group practice; group leadership; early stages of groups, and later stages of groups. The students will be exposed to several theories in group counseling as well.

Course Objectives:

- Explain the nature and function of various types of groups
- Delineate the various stages of groups
- Develop skills and techniques associated with group counseling
- Practice in the use of skills and techniques applicable to various stages of client development and various client populations
- Practice in the use of skill and techniques applicable to various counseling situations

Methods of Instruction:

This course will be delivered in a **blended format**, including in class lecture and activities as well as online instruction. In addition to the two required weekends on campus, students are required to participate online via Embanet-Interlearn at <http://online.argosyu.edu> on a weekly basis during the entire term of the course.

Write a reflection paper (3-5 pages) on your previous experience as a member of various social groups. Comment on your role and function in the group as well as the nature of the dynamics. End this reflection with a paragraph describing an aspect of your experience as a group member that you would like to understand better or to change. Each student is required to summarize 1-2 chapter(s) into 2-3 pages, prepare copy for other students and the instructor, and present in the class. Students will have an opportunity to participate in group process. They will take on the roles of group leader, group observer, and group participant. Final exam is multiple-choice questions.

Content Area:

This course follows the texts as indicated below:

- Class 1** Reflection paper due
(3/10) Groups Chapters 1-3
 Theory Chapters 1-3, 6, 7, 8

- Class 2** Groups Chapters 4-6
(3/11) Theory Chapters 4, 9, 10, 11, 12

- Class 3** Groups Chapters 7-8
(4/14) Theory Chapters 5, 13, 14, 15

- Class 4** Groups Chapters 9-12
(4/15) Theory Chapters 9-12, 16, 17
 Final Exam

Student Performance Evaluation Criteria and Procedures:

- Class Participation 20%
- Reflection Paper 20%
- Presentation 20%
- Group exercise 20%
- Final Exam 20%

Criteria for Class Participation

Grade	
A = 90+	Student actively participated in discussions in >80% of class sessions; nearly all comments were thought provoking and incorporated material from the assigned readings
B = 80 – 89	Student actively participated in discussions in >80% of class sessions; most of the comments were thought provoking and incorporated material from the assigned readings
C = 70 – 79	Student participated in discussions in >70% of class sessions;

	comments/questions demonstrate a surface level understanding of course topics
F = <70	Student participated in <70% of class sessions; comments/questions did not demonstrate an understanding of course topics, or student did not participate in class discussions.

Criteria for Class Presentation

Grade	
A = 90+	Presentation is well organized and provides excellent coverage of the topic area; informative visual aids provided to the instructor and classmates
B = 80 – 89	Presentation is well organized and provides adequate coverage of the topic area
C = 70 – 79	Coverage of material is marginal; presentation is slightly disorganized
F = <70	Presentation is disorganized and does not provide adequate coverage of the topic area, or presentation was not completed by student.

Criteria for Paper

Grade	
A = 90+	Paper is in appropriate APA format, well thought out and provides excellent coverage of material
B = 80 – 89	Paper is well thought out, but is missing one component of APA format OR coverage of material is adequate
C = 70 – 79	Insufficient number of references provided AND limited coverage
F = <70	Paper is disorganized AND coverage is not adequate AND does not conform to APA format, or there is evidence of plagiarism , or paper not submitted

Grading Criteria:

- 93-100% A
- 90-92% A-
- 87-89% B+
- 83-86% B
- 80-82% B-
- 77-79% C+
- 73-76% C
- 70-72% C-
- 69 and below F

Academic Dishonesty/Plagiarism

In an effort to foster a spirit of honesty and integrity during the learning process, Argosy University requires that the submission of all course assignments represent the original work produced by that student. All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association, 5th Edition (2001)*. Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association, 5th Edition* for thesis and paper format. Students are encouraged to purchase this manual (required in some courses) and become familiar with its content as well as consult the Argosy University catalog for further information regarding academic dishonesty and plagiarism.

Additionally, Argosy University considers resubmission of a work produced for one course in a subsequent course or the submission of work done partially or entirely by another to be academic dishonesty. It is the student's responsibility to seek clarification from the instructor regarding how much help may be received in completing an assignment, exam or project and what sources may be used.

Scholarly writing: The faculty at Argosy University is dedicated to providing a learning environment that supports scholarly and ethical writing free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You are responsible for maintaining an electronic copy of any work submitted, because you may be asked to submit your course assignments through "Turnitin," (www.turnitin.com), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

ADA Policy

It is AU/San Francisco Bay Area Campus policy not to discriminate against qualified students with a documented disability in its educational programs, activities or services. If you have a disability-related need for accommodations in this class, contact the Campus Director of Student Services at 510-215-0277.