MALADAPTIVE BEHAVIOR AND PSYCHOPATHOLOGY SYLLABUS

Argosy University
FALL 2, 2007

Class: **PC 6005 BLD Psychopathology and Maladaptive Behavior**
Program: M.A. - Counseling Psychology
Instructor: Heather Martarella, Psy.D.
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Telephone: 510-967-2474
Format: Weekend/Blended
Class Meets: Saturday & Sunday, November 10 & 11
Saturday & Sunday, December 8 & 9
Online: Approximately one hour during each week of the term
Online component begins Oct 25th and ends Dec 15th

Required Texts:
1) Abnormal Psychology with MindMap II CD-ROM and PowerWeb, 5th Edition
Richard P Halgin & Susan Krauss Whitbourne
McGraw-Hill, 2007
ISBN: 0073228729 (hardcover with CDROM)

2) Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision: DSM-IV-TR
Publisher: American Psychiatric Association, 2000
ISBN: 0890420246 (hardcover) or 0890420254 (softcover)

Recommended Text:
Disordered Personality, 3rd Edition
Rapid Psychler Press, 2005
ISBN: 1894328094

Course Description:
This is an introductory graduate course in maladaptive behavior and psychopathology, which may also be referred to as abnormal psychology. Etiology, diagnostic criteria and symptoms, differential diagnostic considerations, prevalence rates, co-morbidity, general treatment methods, and prognosis for disorders will be presented. Cultural, ethical and legal considerations regarding the diagnoses will be presented and discussed. An introduction to assessment procedures will be provided. Particular attention will be given to the use of the DSM-IV-TR in determining diagnoses.

Course Objectives:
Upon completion of this course students should be able to:

Ψ Have an understanding of the symptoms, etiology, and diagnostic criteria for major Axis I and Axis II disorders.

Ψ Demonstrate use of the DSM-IV-TR system for the classification and diagnosis of psychological disorders.

Ψ Understand the biological, social, developmental, cultural, and psychodynamic factors that contribute to maladaptive behavior and psychopathology.

Ψ Understand differential diagnostic criteria and co-morbidity.

Final Date to Drop the Class:
To receive a "W" grade a student must officially drop this class by the date listed below that corresponds to this course's term and length (indicated by bold type). Students may not withdraw from this course after this date. If a student chooses to discontinue course work after the final drop date, the student may receive an "F" grade for the course.

Fall Full Term (15 week courses): November 12, 2007
Fall First Session (7 ½ week courses): October 8, 2007
Fall Second Session (7 ½ week courses): November 29, 2007

Program Outcomes: Master of Arts in Counseling Psychology:

Program Outcome One: Professional Practice
Competency 1: Assessment and Skills
Formulate assessments of psychological functioning and apply therapeutic intervention strategies when working with individuals, couples, families, and groups, toward the development of optimal mental health.
Competency 2: Theory
Interpret and apply psychological and developmental theories to therapeutic intervention strategies.
Competency 3: Writing
Employ media and technology when presenting counseling information orally and in writing, so that the presentation is concise, organized, well supported, professional, and appropriate to the audience.

Program Outcome Two: Research
Competency 1: Analyze research, and translate research findings for improvement of counseling services using statistics and program evaluation methods.

Program Outcome Three: Interpersonal Effectiveness and Professional Development
Competency 1: Students will develop positive relationship skills that promote personal and professional development via effective communication, encouragement, empathy, respect for others, self-awareness, and other-awareness.
   a. Apply active listening communication skills in interpersonal scenarios to establish empathetic relationships.
   b. Analyze the importance of effective nonverbal communication skills in interpersonal relationships.
   c. Solicit and utilize feedback to build and maintain interpersonal relationships.

Program Outcome Four: Ethics
Competency 1: Using the American Counseling Association's Standards of Practice /or the American Psychological Association's Ethical Code, as well as, and local state law as it applies to the behavior of mental health professionals, identify ethical dilemmas and apply ethical decision making strategies while engaging in professional activities.

Program Outcome Five: Diversity
Competency 1: Multicultural Skills
Provide assessment, counseling, and consultation services in work with clients by applying psychological and multicultural theories and research to diverse populations, and modifying interventions as needed to work effectively with diverse clients.
Competency 2: Multicultural Awareness
Examine personal values and biases, reflect on beliefs, and understand how they impact work with clients and interpersonal relationships with other students and faculty.
Competency 3: Multicultural Knowledge
Identify and assess the complexity and multidimensionality of cultural/diversity theories and issues in the field of counseling psychology while working with clients and interpersonal relationships with other students and faculty.

Reading and Lecture Schedule:
There are two required texts for this class; both are listed above. You are expected to read the Abnormal Psychology text thoroughly. The DSM-IV-TR may be used as a reference. Bring both texts to each class. Please see the lecture schedule below and read all relevant sections in the Abnormal Psychology text prior to the class. You will be expected to participate in a thoughtful way throughout the classes by being familiar with the material.
You will be asked to do some supplemental reading and discussion for the online component of the class. AP = Abnormal Psychology text, DSM = DSM-IV-TR.

Lecture Schedule:

Saturday, Nov. 10	Introductions Syllabus & Assignment Overview Understanding Abnormality: AP: 1 Classification and Treatment Plans: AP: 2; DSM: 1-37 Assessment: AP: 3 Theoretical Perspectives: AP: 4 Anxiety Disorders: DSM: 429-484; AP: 5 Dissociative Disorders: DSM: 519-533; AP: 6 Sexual Disorders: DSM: 535-582; AP: 7
Sunday, Nov. 11	Developmental Disorders: DSM: 39-134; AP: 11 Cognitive Disorders: DSM: 135-190; AP: 12 Mood Disorders: DSM: p. 345-428; AP: 8 Psychotic Disorders: DSM: 297-343; AP: 9
Saturday, Dec. 8	Case Presentations Personality Disorders: DSM: 685-730; AP: 10
Sunday, Dec. 9	Psychopathology Paper Due Case Presentations Eating Disorders & Impulse Control: DSM: p. 583-596; AP: 14 Substance Abuse Disorders: DSM: p. 191-296; AP: 13

	Final Exam

Psychopathology Paper
You will choose one psychological disorder from the DSM-IV-TR, and write a brief (approximately 7 - 10 double-spaced pages) paper including current research on this disorder. Detailed instructions for this assignment will be given during the first in class session on Nov. 10.

Case Presentation
You will be asked to present a mock clinical case to the class in an oral case presentation format. For your subject, you may choose a character from a well-known movie or book, or a famous historical or cultural personality. Friends and family members are not appropriate subjects. Detailed instructions for this assignment will be given during the first in class session on Nov. 10.

Class Participation & Attendance:
You are expected to attend all classes. Unless special arrangements are made ahead of time with the instructor, your final grade will be negatively impacted by any absences. You will earn up to 5% a day for attending and participating in a meaningful way during the four class meetings. School policy dictates minimal attendance required to earn credit for any class. If you miss more than 8 hours of instruction for any reason, you will need to withdraw from the class or receive a grade of F.

Online Instruction:
You are expected to log on each week to participate in the online component of the course. Please note that the first week or two of the online component will occur before we meet in person, with several in between, and one online assignment after the final meeting.

Final Exam:
The exam will include multiple choice questions, brief essay questions, and a case vignette.

Grades will be based on the following: In Class Participation & Attendance: 20% Online Participation: 15% Case Presentation: 20% Psychopathology Paper: 20% Final Exam: 25%	**Grading:** 93-100 = A 90-92 = A- 87-89 = B+ 83-86 = B 80-82 = B- 77-79 = C+ 73-76 = C 70-72 = C- 69 and below = F

Criteria for Class Participation

Grade	
A = 90+	Student actively participated in discussions in **>80%** of class

	sessions; **nearly all** comments were **thought provoking and incorporated material from the assigned readings**
B = 80 – 89	Student actively participated in discussions in **>80%** of class sessions; **most** of the comments were thought provoking and incorporated material from the assigned readings
C = 70 – 79	Student participated in discussions in **>70%** of class sessions; comments/questions demonstrate a surface level understanding of course topics
F = <70	Student participated in **<70%** of class sessions; comments/questions did not demonstrate an understanding of course topics, or **student did not participate** in class discussions.

Criteria for Class Presentation

Grade	
A = 90+	Presentation is well organized and provides **excellent** coverage of the topic area; informative visual aids provided to the instructor and classmates
B = 80 – 89	Presentation is well organized and provides **adequate** coverage of the topic area
C = 70 – 79	Coverage of material is marginal; presentation is slightly disorganized
F = <70	Presentation is **disorganized** and does not provide adequate coverage of the topic area, or presentation was **not completed** by student.

Criteria for Paper

Grade	
A = 90+	Paper is in appropriate APA format, well thought out, and provides **excellent** coverage of material
B = 80 – 89	Paper is well thought out, but is missing one component of APA format OR coverage of material is **adequate**
C = 70 – 79	Insufficient number of references provided AND **limited** coverage
F = <70	Paper is disorganized AND coverage is not adequate AND does not conform to APA format, or there is evidence of **plagiarism**, or paper not submitted

University Policies:

Library
All resources in Argosy University's online collection are available through the Internet. The campus librarian will provide students with links, user IDs, and passwords.
Library Resources: Argosy University's core online collection features nearly 21,000 full-text journals and 23,000 electronic books and other content covering all academic subject areas including Business & Economics, Career & General Education, Computers, Engineering & Applied Science, Humanities, Science,

Medicine & Allied Health, and Social & Behavior Sciences. Many titles are directly accessible through the Online Public Access Catalog at http://library.argosy.edu. Detailed descriptions of online resources are located at http://library.argosy.edu/misc/onlinedblist.html.

In addition to online resources, Argosy University's onsite collections contain a wealth of subject-specific research materials searchable in the Online Public Access Catalog. Catalog searching is easily limited to individual campus collections. Alternatively, students can search combined collections of all Argosy University Libraries. Students are encouraged to seek research and reference assistance from campus librarians.

Information Literacy: Argosy University's Information Literacy Tutorial was developed to teach students fundamental and transferable research skills. The tutorial consists of five modules where students learn to select sources appropriate for academic-level research, search periodical indexes and search engines, and evaluate and cite information. In the tutorial, students study concepts and practice them through interactions. At the conclusion of each module, they can test their comprehension and receive immediate feedback. Each module takes less than 20 minutes to complete. Please view the tutorial at http://library.argosy.edu/infolit/

Academic Policies

Academic Dishonesty/Plagiarism: In an effort to foster a spirit of honesty and integrity during the learning process, Argosy University requires that the submission of all course assignments represent the original work produced by that student. All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association, 5th Edition (2001).* Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association, 5th Edition* for thesis and paper format. Students are encouraged to purchase this manual (required in some courses) and become familiar with its content as well as consult the Argosy University catalog for further information regarding academic dishonesty and plagiarism.

Scholarly writing: The faculty at Argosy University is dedicated to providing a learning environment that supports scholarly and ethical writing, free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You may be asked to submit your course assignments through "Turnitin," (www.turnitin.com), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

Americans with Disabilities Act Policy

It is the policy of Argosy University to make reasonable accommodations for qualified students with disabilities, in accordance with the Americans with Disabilities Act (ADA). If a student with disabilities needs accommodations, the student must notify the Director of Student Services. Procedures for documenting student disability and the development of reasonable accommodations will be provided to the student upon request.

Students will be notified by the Director of Student Services when each request for accommodation is approved or denied in writing via a designated form. To receive accommodation in class, it is the student's responsibility to present the form (at his or her discretion) to the instructor. In an effort to protect student privacy, the Department of Student Services will not discuss the accommodation needs of any student with instructors. Faculty may not make accommodations for individuals who have not been approved in this manner.

The Argosy University Statement Regarding Diversity
Argosy University prepares students to serve populations with diverse social, ethnic, economic, and educational experiences. Both the academic and training curricula are designed to provide an environment in which students can develop the skills and attitudes essential to working with people from a wide range of backgrounds.