

Argosy University SFBA
Ed.D. in Counseling Psychology Weekend Program
C7455 BLB Addictions Counseling
Spring 2007

Professor: Martha P. Wilson, Ph.D.

Office Hours: By appointment

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SYLLABUS IS SUBJECT TO CHANGE
ATTENDANCE IS MANDATORY

Required Reading

1. Uppers, Downers, and All Arounders, 4th ed.
Darryl S. Inaba and William E. Cohen, CNS Publications: 2000.
ISBN#: 0926544268
2. Staying Sober, A Guide for Relapse Prevention
Terence T. Gorski, Herald Publishing House: 1994.
ISBN# 083090459X
3. Substance Abuse Treatment and the Stages of Change: Selecting and Planning Interventions
Connors, Gerald, Donovan, Dennis, DiClemente, Carlso, 2001
ISBN#: 1572306572

Course Objectives

The purpose of this course will be to explore in depth issues surrounding addiction etiology, diagnosis, and treatment. A Master's level understanding of basic substance abuse counseling is assumed prior to taking this course. Thus, the focus will be on the theories of addiction, physiology and psychology of addiction, treatment approaches, as well as, special topics in the field of addiction studies. The format of the course is intended to be that of a graduate seminar. Students are thus encouraged to bring case material and/or research issues to the class discussion.

Course Requirements

1. Read the required texts each week
2. Weekly On-line discussion on the weeks' topic. The discussion should reflect each student's critical analysis of the issues presented in the readings and/or issues, questions raised by the readings. Students may use other sources (journal articles, popular articles, films, case histories, etc.) relevant to the weekly topic for their presentation. Each student is required to log on a minimum of three times. One of those times, the student is required to provide a reference to texts during her/his discussion.
3. Active Participation in Class discussions

4. Attendance Mandatory in all classes for a Grade of A.
5. Midterm Exam 1st Sunday
6. Final: In class final exam on the 2nd Sunday.

Methods of Instruction

This course will be delivered in a **blended format**, including in class lecture and discussion, video, and role-plays combined with online instruction. In addition to the two required weekends on campus, students are required to participate online via Embanet-Interlearn at <http://online.argosyu.edu> on a weekly basis during the entire term of the course. This course begins online the week of 1/8/07, meets on the weekends of 1/20-1/21 and 2/17-2/18, and concludes on 2/28/07.

Reading Instructions

Read the required texts weekly and base your weekly on-line presentation on the major topics of these readings. Time in class will be spent discussing the questions/issues in both small groups and with the class. As a doctoral level course, the format is mostly didactic rather than lecture format. Your class participation must strongly reflect your knowledge of the texts and other voluntary reading and research on your part.

Course Outline And 7 Week Calendar

Week 1: 1/08/07

Overview of Course and Review of History of Substance Abuse
Review of Drug Categories and Drug Specific Neurobiology
Student On-line discussion: Introduction and Significant Issues and Questions re Addiction

Week 2: 1/15/07

Physiological vs psychological?
Student On-line discussions

Reading: Uppers, Downers and All Arounders Chs: 5,6,7
Staying Sober, A Guide for Relapse Prevention Chs: 2,

Reading: Uppers, Downers and All Arounders Chs: 1, 2, 3, 4,

- **First Weekend 1/20 and 1/21**

Saturday: Addiction Physiological and Behavioral

Sunday: Theories of Addiction

Addiction Profiles

Developmental Issues including impact on childhood and adolescence, addiction amongst the elderly, ethnic breakdowns and implications

Midterm Exam

Week 3: 1/22/07

Dual Diagnosis

Student On-line Discussion

Reading: Uppers, Downers and All Arounders Chs: 10

Week 4: 1/29/07

Prevention: Concept and Reality

Student On-line Discussions

Reading: Uppers, Downers and All Arounders Chs: 8

Week 5: 2/5/07

Treatment, Recovery and Relapse

On-line Student Discussions

Staying Sober, A Guide for Relapse Prevention Chs:1,3,4,5

Substance Abuse Treatment and the Stages of Change: 1st half

Week 6: 2/12/07

Recovery and Relapse

On-line Student Discussions

Reading: Uppers, Downers and All Arounders, Chs: 9

Staying Sober, A Guide for Relapse Prevention Chs: 6,7,8,9,10

Substance Abuse Treatment and the Stages of Change: 2nd half

• **Second Weekend 2/17 and 2/18**

Saturday

Relapse Prevention

Sunday

Treatment of Addiction: Treatment Planning

Treatment issues for children, adolescents, adults and the elderly

Treatment and Diversity; Key Issues

Final Exam

Week 7:2/19/07

Addiction Counseling

On-line Student presentations: What Would You do Differently Knowing What You Know Now?

COURSE REQUIREMENTS

Attendance and Participation are Mandatory

Because this is a high-intensity class occurring over two long weekends, attendance is critical. You are expected to attend all classes. If you are absent even once, your ability to synthesize the material will be undermined. Unless special arrangements are made ahead of time with the instructor, your final grade will be negatively impacted by any absences. Missing class is not acceptable. It is assumed when you enrolled in the course that you have allocated the time for class. No student can achieve an A in the class if there is any absence.

In-class participation requires active listening, commenting on topics, engaging in dialogue and discussion on all four class days without having to be called upon. Any

student remaining silent during class will lose participation points, which are a fifth of the grade. Professionals in the field are able to converse appropriately in public settings. An A cannot be achieved without thorough verbal participation.

Weekly Postings

Do NOT start a new thread UNLESS you are the first person starting the postings for that week!

1. You must log in the first week of class and every week thereafter a minimum of twice per week. The first log in is to provide your own response to the topic of the week. The second is to respond to another student’s comments.

2. Do not start a new thread EVER in this class UNLESS you are the first person posting for that week. All students should stay on the same thread even if you change topics or respond to another student.

3. If at any time, the platform does not contain the weekly topic, you are required to post anyway as you have all the weekly topics on the syllabus, which will be emailed to you.

4. The Syllabus supersedes the platform topics at all times. If the syllabus posting is different than the platform respond ONLY to the syllabus topic!

Midterm Exam: Sunday January 21, 2007

In class examination consisting largely of definitions, and short answer questions relevant to the reading material, videos, lecture and class discussion.

Final Exam; Sunday February 18, 2007

In class exam consisting of definitions and essay questions covering the course in its entirety. Special emphasis on the Inaba Textbook and video.

Student Performance Evaluation Criteria and Procedures

Criteria for Class Participation

Grade	
A = 90+	Student actively participated in discussions in >80% of class sessions; nearly all comments were thought provoking and incorporated material from the assigned readings
B = 80 – 89	Student actively participated in discussions in >80% of class sessions; most of the comments were thought provoking and incorporated material from the assigned readings
C = 70 – 79	Student participated in discussions in >70% of class sessions; comments/questions demonstrate a surface level understanding of course topics
F = <70	Student participated in <70% of class sessions; comments/questions did not demonstrate an understanding of course topics, or student did not participate in class discussions.

Criteria for Class Presentation

Grade	
A = 90+	Presentation is well organized and provides excellent coverage of the topic area; informative visual aids provided to the instructor and classmates
B = 80 – 89	Presentation is well organized and provides adequate coverage of the topic area
C = 70 – 79	Coverage of material is marginal; presentation is slightly disorganized
F = <70	Presentation is disorganized and does not provide adequate coverage of the topic area, or presentation was not completed by student.

Criteria for Paper

Grade	
A = 90+	Paper is in appropriate APA format, well thought out and provides excellent coverage of material
B = 80 – 89	Paper is well thought out, but is missing one component of APA format OR coverage of material is adequate
C = 70 – 79	Insufficient number of references provided AND limited coverage
F = <70	Paper is disorganized AND coverage is not adequate AND does not conform to APA format, or there is evidence of plagiarism , or paper not submitted

Grading

93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
69 below	F

Academic Dishonesty/Plagiarism

In an effort to foster a spirit of honesty and integrity during the learning process, Argosy University requires that the submission of all course assignments represent the original work produced by that student. All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association, 5th Edition (2001)*. Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association, 5th Edition* for thesis and paper format. Students are encouraged to purchase this manual (required in some courses) and become familiar with its content as well as consult the Argosy University catalog for further information regarding academic dishonesty and plagiarism.

Additionally, Argosy University considers resubmission of a work produced for one course in a subsequent course or the submission of work done partially or entirely by another to be academic dishonesty. It is the student’s responsibility to seek clarification from the instructor regarding how much help may be received in completing an assignment, exam or project and what sources may be used.

Scholarly writing: The faculty at Argosy University is dedicated to providing a learning environment that supports scholarly and ethical writing free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You are responsible for maintaining an electronic copy of any work submitted, because you may be asked to submit your course assignments through “Turnitin,” (www.turnitin.com), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

ADA Policy

It is AU/San Francisco Bay Area Campus policy not to discriminate against qualified students with a documented disability in its educational programs, activities or services. If you have a disability-related need for accommodations in this class, contact the Campus Director of Student Services at 510-215-0277.

Your instructor is responsible for delivering this curriculum in a format that will ensure the objectives are met and measured. This can be accomplished in a variety of ways depending upon the experience, orientation, technological acumen, emphasis and preferences of the instructor as well as the resources available. Your instructor is also required to ensure that the course Outline include details regarding assignments and method of instruction.